

I.D

مستشفى مارينا الاهلي

Alderte Scour

Post – anesthesia Recovery (PAR) scoring (Criteria) Modified Alderte scoring system (1)						
PAR Score	Score	Admission	15min	30min	60min	Discharge
<u>ACTIVITY</u>						
Able to move voluntary						
4 extremities	2					
2 extremitie	1					
0 extremities	0					
<u>RESPIRATION</u>						
Breathes deeply, cough freely						
Dyspnea– shallow or limited	1					
Apneic	0					
<u>CIRCULATION</u>						
Bp± 20% of preop						
Bp 20 -49% of preop	1					
Bp 50% or preop	0					
<u>CONSCIOUSNESS</u>						
Fully awake						
Arousable with minimal stimulation	1					
Not responding	0					
<u>O2 SATURATION</u>						
92% on room air						
Needs O2 to maintain > 90	1					
< 90%even with O2	0					
TOTAL	0-10					
Patient fit for discharge from recovery room <input type="checkbox"/> Yes <input type="checkbox"/> No						
Anesthetist Name :			Signature:			