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مستشفى مارينا الاهلي

**Braden Risk Assessment**

Risk factor	Score				Baseline Score	Reassessment/Reason			
	1	2	3	4	(Initial)				
					Date: Time:	Date: Time:	Date: Time:	Date: Time:	
Sensory Perception	Completely limited	Very Limited	Slightly limited	No impairment					
Moisture	Constantly moist	Very moist	Occasional moist	Rarely moist					
Activity	Bed bound	Chair bound	Walks occasionally	Walks frequently					
Mobility	Completely immobile	Very limited	Very limited	No limitation					
Nutrition	Very poor	Probably inadequate	Adequate	Excellent					
Friction and shear	Problem	Potential problem	No apparent problem	-----					
<b>Braden skin Assessment completed:</b> ❖ Upon transfer to another unit ❖ PRN with change in patient condition					Total score				
					Risk Level				
					Nurse Name				

Intervention guide according to risk scale		
<p style="text-align: center;"><u>Mild Risk ( 15 and above )</u></p> ❖ Health education about skin care	<p style="text-align: center;"><u>Moderate Risk (13-14)</u></p> ❖ General Interventions Guide ❖ inform doctor	<p style="text-align: center;"><u>High Risk (12 or below)</u></p> ❖ General Interventions Guide ❖ Use Pressure-Relieving Surface ❖ inform doctor

General Intervention guide Line			
<ul style="list-style-type: none"> <li>• Frequent Turning (e.g. q2hours)</li> <li>• Manage Moisture</li> </ul>	<ul style="list-style-type: none"> <li>• Protect Heels</li> <li>• Manage Friction and shear</li> </ul>	<ul style="list-style-type: none"> <li>• Manage Nutrition</li> <li>• Pressure-Reduction Support Surface</li> </ul>	
Manage Nutrition	Manage Moisture	Manage Friction & Shear	Other General Care Issues:
<ul style="list-style-type: none"> <li>• encourage Protein Intake</li> <li>• encourage Calorie Intake</li> <li>• Supplement with Multi-Vitamin (include A,C and E)As order.</li> <li>• encourage Liquid Diet Supplement</li> <li>• Aet Quickly to Alleviate Deficits</li> </ul>	<ul style="list-style-type: none"> <li>• Use Absorbent Pads or Diapers that Wick and Hold Moisture</li> <li>• Address Cause if Possible</li> <li>• Offer Bedpan/Urinal and Glass of water in Conjunction with Turning Schedules</li> </ul>	<ul style="list-style-type: none"> <li>• Elevate Head of Bed No more than 30degree</li> <li>• Use left sheet to move patient</li> <li>• Protect elbows and heels if being exposed to friction</li> </ul>	<ul style="list-style-type: none"> <li>• No Manage of reddened bony prominence</li> <li>• No Donut type Device Maintain good Hydration</li> <li>• A void Drying the skin</li> </ul>