

Numerical Rating Scale (NRS)

Instruction: Adults and children (> 9 years old) in all patient care settings who are able to use numbers to rate the intensity of their pain

Instruct the patient to use choose a number from 0 to 10 that best describes their current pain.

0 would mean 'No pain' and 10 would mean 'Worst possible pain'

FLACC Pain Rating Scale			
Categories	Scoring		
	0	1	2
Face	No particular expression or smile	Occasional grimace or frown, withdrawn, disinterested	Frequent to constant quivering chin, clenched Jaw
Legs	Normal Position or Relaxed	Uneasy, restless, tense	Kick, or legs drawn up
Activity	Lying quietly normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid or jerking
Cry	No cry (awake or asleep)	Moans or whimpers: occasionally complaint	Crying steadily, screams or sobs, frequent complaints
Controllability	Content, relaxed	Reassured by occasional touching, hugging or being talked to, distractible	Difficult to console or comfort

Each of the five categories (F) Face: (L) Legs: (A) Activity: (C) Cry: (C) Consolability is scored from 0-2, which results in a total score between zero and ten

Instruction:
Use FLACC Pain in patients who are unable to self-report pain, and for ages >2 months to age <3 years and no communicative patient.
1) Rate pain on each of the 5 categories 2) add together.
*Score more than 3 indicates pain

Wong-Baker FACES Pain Rating Scale

Instructions:

Wong-Baker Pain scale consisting of facial expressions of Pain will be used for patients > 3 years old. Ask the patient to choose the best describes how they feel

Neonatal Pain Assessment Scale (NIPS)			
Parameter	Finding		
	0	1	2
Facial expression	Relaxed	Grimace	Vigorous Crying
Cry	No Cry	Whimper	
Breathing Pattern	Relaxed	Change in Breathing	
Arms	Relaxed	Flexed/Extended	
Legs	Relaxed	Flexed/Extended	
State of Arousal	Sleepy/Awake	Fussy	
Heart rate	Within 10% of Baseline	11%-20% of Baseline	> 20% of Baseline
Oxygen saturation	No Additional O ₂ Needed	Additional O ₂ Required	

Instruction:
NIPS used in preterm and term neonates up 2 months of age.
1- Rate neonate pain on each of the 8 parameters 2-odd together 3-document total pain score * Score more than 3 indicates pain